

# WORKPLACE PSYCHOLOGICAL SAFETY ASSESSMENT (WPSA)



## THE PATH FORWARD

Gaining a baseline understanding of your employee's experience and engagement in the workplace is key to choosing the best way forward to support their mental well-being. This assessment provides behavioral based data drawn from measures of diversity, inclusion, psychological safety, and more.

### The Impact



#### Employees

- Each team member gets a report designed to empower them to invest in their own mental fitness.
- Outlines practical, evidence-based, suggestions to improve on their current, individual, workplace experience.



#### Employer

- Yields an aggregated measure of your team's current workplace experience to inform decisions about improving workplace experience.
- Offers insights into patterns of employee experience across the employee base worthy of further exploration.

### Issues

- 1/5 of Canadians have symptoms of depression, anxiety, or posttraumatic stress disorder<sup>1</sup>
- Nearly half of Canadian men meet the threshold for clinical depression and 1/3 think about suicide or self-harm weekly<sup>2</sup>
- 30% of disability claims are related to mental health illness<sup>1</sup>

### get in touch.



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